# Introducing a new toolkit to apply behavioural insights to energy policy

Users TCP Academy | February 2022

Jesper Akesson | Ondrej Kacha





## Motivating consumers to act sustainably is hard



Adoption of energy efficient procedures by industry



Uptake of green technology by households



Curtailing individual energy use



Shifting from carbon -intensive modes of travel



### Green policies do not always work as intended

#### Example:

The Green Deal in the UK (2012 - 2015)



## Green policies do not always work as intended

#### Example:

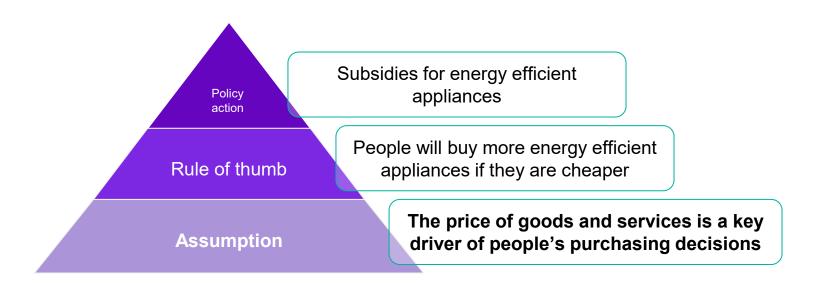
Low interest of U.S. households in monitoring their energy and water consumption





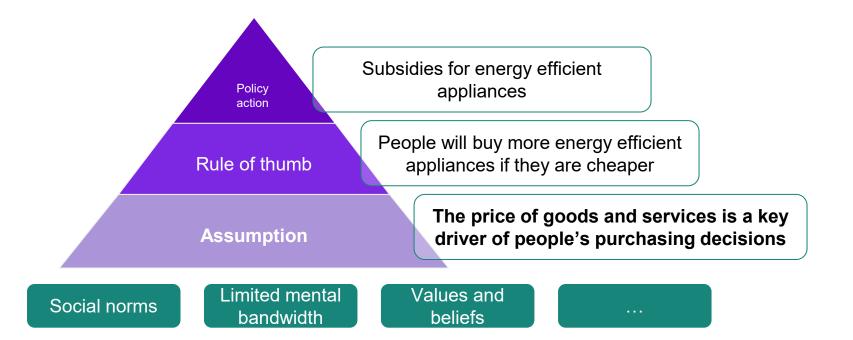
## Why some energy policies fail?

Policy designers tend to make assumptions about human behaviour which do not always hold true.





# The toolkit helps to uncover policymakers' assumptions about human behaviour



the the behaviouralist

About I

#### Applying behavioural insights to demandside energy policies and programmes

A toolkit for practitioners

This online tool is intended for policymakers, civil servants or professionals who design or implement policies or programmes aimed at changing or reducing citizens' energy consumption.

The goal is to help you improve your policy or programme by considering the underlying psychological and behavioural factors that drive citizens' energy consumption.

You can choose from three different paths in this tool: (1) the policy or programme design path, (2) the policy or programme implementation path, or (3) the behavioural insights browser path. These paths are designed to meet the different needs that policymakers, civil servants or professionals have throughout a project's life cycle.

Please select the path that best matches your needs:

#### Policy or programme design

You are designing a new policy or programme and are considering different options. If you select this path, you will be guided through a series of steps that will help you choose between different available alternatives. You will also be able to review relevant behavioural considerations that might affect the success of your chosen policy or programme.

Start

Policy or programme implementation

You are implementing a policy or programme and want to ensure that it achieves its desired effect. After having defined the policy or programme you are working on, you will receive a personalised list of behavioural insights that you can apply to optimise your intervention.

Start

#### Behavioural insights browser

You want to learn more about how behavioural science can be used to improve policies or programmes. If you select this path, you will access a set of videos and checklists containing behavioural insights that are relevant across a project's life cycle. You will also access an expert contact list if you wish to get ad-hoc advice.

Start

## The toolkit Introducing the public beta version

About

#### Applying behavioural insights to demandside energy policies and programmes

A toolkit for practitioners

This online tool is intended for policymakers, civil servants or professionals who design or implement policies or programmes aimed at changing or reducing citizens' energy consumption.

The goal is to help you improve your policy or programme by considering the underlying psychological and behavioural factors that drive citizens' energy consumption.

You can choose from three different paths in this tool: (1) the policy or programme design path, (2) the policy or programme implementation path, or (3) the behavioural insights browser path. These paths are designed to meet the different needs that policymakers, civil servants or professionals have throughout a project's life cycle.

Please select the path that best matches your needs:

Policy or programme design

You are designing a new policy or programme and are considering different options. If you select this path, you will be guided through a series of steps that will help you choose between different available alternatives. You will also be able to review relevant behavioural considerations that might affect the success of your chosen policy or programme.

Start

Policy or programme implementation

You are implementing a policy or programme and want to ensure that it achieves its desired effect. After having defined the policy or programme you are working on, you will receive a personalised list of behavioural insights that you can apply to optimise your intervention.

Start

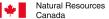
Behavioural insights browser

You want to learn more about how behavioural science can be used to improve policies or programmes. If you select this path, you will access a set of videos and checklists containing behavioural insights that are relevant across a project's life cycle. You will also access an expert contact list if you wish to get ad-hoc advice.

Start

## General overview

- A freely accessible website
- Developed by the Users TCP Behavioural Insights Platform
- Development involved collaboration with behavioural science experts from:





Swiss Federal Office of Energy SFOE













The Behaviouralist serving as the task coordinator

About

#### Applying behavioural insights to demandside energy policies and programmes

A toolkit for practitioners

This online tool is intended for policymakers, civil servants or professionals who design or implement policies or programmes aimed at changing or reducing citizens' energy consumption.

The goal is to help you improve your policy or programme by considering the underlying psychological and behavioural factors that drive citizens' energy consumption.

You can choose from three different paths in this tool: (1) the policy or programme design path, (2) the policy or programme implementation path, or (3) the behavioural insights browser path. These paths are designed to meet the different needs that policymakers, civil servants or professionals have throughout a project's life cycle.

Please select the path that best matches your needs:



You are designing a new policy or programme and are considering different options. If you select this path, you will be guided through a series of steps that will help you choose between different available alternatives. You will also be able to review relevant behavioural considerations that might affect the success of your chosen policy or programme.

Start

Policy or programme implementation

You are implementing a policy or programme and want to ensure that it achieves its desired effect. After having defined the policy or programme you are working on, you will receive a personalised list of behavioural insights that you can apply to optimise your intervention.

Start

Behavioural insights browser

You want to learn more about how behavioural science can be used to improve policies or programmes. If you select this path, you will access a set of videos and checklists containing behavioural insights that are relevant across a project's life cycle. You will also access an expert contact list if you wish to get ad-hoc advice.

Start

# General overview

#### What does the toolkit do:

- Helps policymakers think about behavioural factors that might affect the success of their policy
- Offers guidance how these factors can be addressed

#### What it doesn't:

- Tells the policymaker which policy approach is the "best" considering their unique context
- Creates "behavioural experts" out of policymakers

About I

#### Applying behavioural insights to demandside energy policies and programmes

A toolkit for practitioners

This online tool is intended for policymakers, civil servants or professionals who design or implement policies or programmes aimed at changing or reducing citizens' energy consumption.

The goal is to help you improve your policy or programme by considering the underlying psychological and behavioural factors that drive citizens' energy consumption.

You can choose from three different paths in this tool: (1) the policy or programme design path, (2) the policy or programme implementation path, or (3) the behavioural insights browser path. These paths are designed to meet the different needs that policymakers, civil servants or professionals have throughout a project's life cycle.

Please select the path that best matches your needs:

#### Policy or programme design

You are designing a new policy or programme and are considering different options. If you select this path, you will be guided through a series of steps that will help you choose between different available alternatives. You will also be able to review relevant behavioural considerations that might affect the success of your chosen policy or programme.

Start

Policy or programme implementation

You are implementing a policy or programme and want to ensure that it achieves its desired effect. After having defined the policy or programme you are working on, you will receive a personalised list of behavioural insights that you can apply to optimise your intervention.

Start

Behavioural insights browser

You want to learn more about how behavioural science can be used to improve policies or programmes. If you select this path, you will access a set of videos and checklists containing behavioural insights that are relevant across a project's life cycle. You will also access an expert contact list if you wish to get ad-hoc advice.

Start

# User flow demonstration Policy/programme design

#### Area of focus

What policy or programme area do you want to focus on? Please select one area of focus

#### **Buildings**

You want to reduce carbon emissions produced by commercial or residential buildings. Buildings account for 17.5% of all CO2 emissions. Examples of policy interventions in this area include retrofitting houses, installing heat pumps or smart meters and encouraging off-peak energy consumption.

#### Transport

You want to reduce carbon emissions in transport. Transport accounts for 16% of all CO2 emissions. Examples of policy interventions in this area include encouraging the use of active travel, public transport or elective vehicles.

#### Industry

You want to reduce carbon emissions in Industry. This area encompasses policy interventions that target production processes or employee behaviours at the company level. Industry accounts for 24% of all CO2 emissions. Examples include regulating energy-efficient manufacturing processes and motivating employees to adopt energy savings practices.

- The user journey begins with a short screening exercise
- This enables to provide tailored recommendations in a later stage
- Focus on three major areas: buildings, transport, and industry

#### Policy outcome

What policy or programme outcome do you want to achieve? Please select all that apply.

#### Uptake of a new technology

Typical outcomes include encouraging citizens to install solar panels, installation of heat pumps, retrofitting homes, and uptake of energy-efficient processes in organisations.

#### Reduce energy consumption

Typical outcomes include encouraging citizens to turn down their thermostats or encouraging employees to adopt energy-efficient behaviours at the workplace.

#### Encourage modal shift

Typical outcomes include promoting travel to work by public transport, carpooling, and motivating travellers to switch from short-haul flights to trains.

- On this screen the user defines the key behavioural outcome they want to achieve
- We used the Global Warming of 1.5 °C report (IPCC, 2018) as the main resource to identify mitigation behaviours
- We then categorised the behaviours into three broader outcomes

#### Policy or programme instrument

What policy or programme instruments do you want to use? Please select all that apply

#### Enforce or ban behaviours

You can enforce or ban behaviours via regulations, legislations or guidelines. Examples include banning diesel cars in city centres or enforcing minimum energy efficiency standards in industry sectors.

#### Incentivise or disincentivise behaviours

You can incentivise or disincentivise behaviours using financial, in-kind, or social incentives and disincentives. Examples include providing heat pump installation grants or making electric vehicles more socially visible through distinguishable number plates.

#### Provide services or infrastructure

You can provide services or infrastructure to support desired behaviours.

Examples include building an online platform where citizens can contact trusted housing retrofit contractors, offering energy efficiency audits to businesses, or installing electric vehicle charging stations.

#### Provide information

- After defining the outcome, a user is prompted to identify policy instrument(s) they are considering to use to achieve the outcome
- Four instruments are offered to reflect legal, economic, service/environment design, and marketing approaches, respectively

3 Launch an information campaign that encourages citizens

to adopt a new technology

- Once the screening phase ends, users are shown a summary of their policy alternatives
- Each policy alternative has a unique set of behavioural considerations

#### Policy or programme options

Ban or regulate old technologies to encourage citizens to adopt new ones





#### Behavioural consideration 1

Have you considered that other citizens might influence your target audience not to comply with the law or regulation? Learn more

#### Behavioural consideration 2

Have you considered that citizens might distrust the government or relevant institutions? Learn more

#### Behavioural consideration 3

Have you considered that citizens might lack the knowledge, skill or physical ability to use the new technology? Learn more

#### Behavioural consideration 4

Have you considered that citizens might believe that they are unlikely to get punished if they break the law? Learn more

#### Behavioural consideration 5

Have you considered that citizens might have opposing beliefs or negative attitudes towards the new technology? Learn more

- A number of "behavioural considerations" are presented for each policy option
- The list of behavioural factors was selected in collaboration with 19 experts working in behavioural energy policy
- By clicking on "Learn more," users can access checklists that provide guidance

### Checklist: Increase public acceptance of your environmental policy or programme

Present balanced information about the impacts of your programme or policy  $\oplus$ Make your communications simple and brief Correct false beliefs and address misinformation Build the perception of fairness and cooperation Include citizens in the design of your environmental programme or policy. A solution designed without conducting prior research and consultations with citizens risks being viewed as unfair or inadequate by citizens, thus reducing public compliance. For example, businesses might be reluctant to become carbon neutral because they view the required timelines as unrealistic. When designing an environmental programme or policy, conduct research to understand any public concerns to resolve any potential issues early on and ensure public buy-in. This is particularly important when designing solutions that are novel and disruptive. For example, providing industry representatives with opportunities to get involved and voice their concerns when designing a plan for carbon neutrality can increase chances of the policy being seen as legitimate and fair by industries. Similarly, a government introducing low traffic zones in cities might first conduct research with different groups of the public to better understand residents' driving patterns and set policy that truly help to eliminate nonessential car travel while maintaining options for essential transport. Case Study: Taxes on carbon emissions are often perceived as unfair by members of the public, which makes voters less likely to support this and other policy measures designed to reduce carbon emissions and combat climate change. A recent survey conducted in the United States identified multiple reasons for why people view these taxes as unfair: gas prices are already perceived to be high; many people need to drive and therefore must use gas; taxes are perceived as unfairly burdensome for poorer households; lack of trust in government; and lack of understanding of the need for a carbon tax. Policymakers should be aware of these perceptions when implementing disincentives to reduce Choose a good messenger

- The checklists provide an informed starting point to make the policy or programme behaviourally informed
- They do not aim to provide "an ultimate recipe"
- Policymakers are prompted to consult experts and conduct additional research where necessary

About

#### Applying behavioural insights to demandside energy policies and programmes

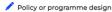
A toolkit for practitioners

This online tool is intended for policymakers, civil servants or professionals who design or implement policies or programmes aimed at changing or reducing citizens' energy consumption.

The goal is to help you improve your policy or programme by considering the underlying psychological and behavioural factors that drive citizens' energy consumption.

You can choose from three different paths in this tool: (1) the policy or programme design path, (2) the policy or programme implementation path, or (3) the behavioural insights browser path. These paths are designed to meet the different needs that policymakers, civil servants or professionals have throughout a project's life cycle.

Please select the path that best matches your needs:



You are designing a new policy or programme and are considering different options. If you select this path, you will be guided through a series of steps that will help you choose between different available alternatives. You will also be able to review relevant behavioural considerations that might affect the success of your chosen policy or programme.



Policy or programme implementation

You are implementing a policy or programme and want to ensure that it achieves its desired effect. After having defined the policy or programme you are working on, you will receive a personalised list of behavioural insights that you can apply to optimise your intervention.

Start

Behavioural insights browser

You want to learn more about how behavioural science can be used to improve policies or programmes. If you select this path, you will access a set of videos and checklists containing behavioural insights that are relevant across a project's life cycle. You will also access an expert contact list if you wish to get ad-hoc advice.



# Final thoughts

#### We hope that the toolkit will:

- Help policymakers think about overlooked factors
- Help realize a potential need for more research
- Help abandon one policy approach and go with another one for a good reason
- Ultimately, help policymakers to start asking behavioural questions

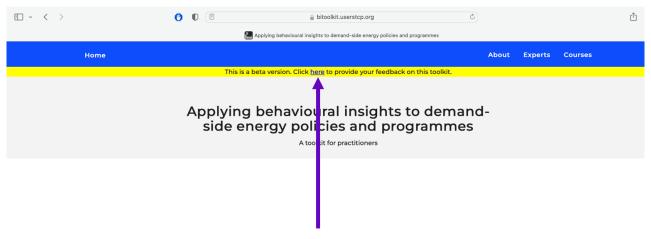
# Access the toolkit

public beta available now at

bitoolkit.userstcp.org



## We welcome your feedback



Once on bitoolkit.userstcp.org, click on the link in the yellow banner to provide your feedback



# **Upcoming** development

Several works are planned in the Users TCP BI Platform for 2022, including:



User testing and refinement of the toolkit



A massive online course (MOOC)



Adding an expert contact list to the toolkit



## **Q&A**

Jesper Akesson
Managing Director
The Behaviouralist

the behaviouralist

Ondrej Kacha
Behavioural Scientist
The Behaviouralist

Get in touch: <a href="mailto:ondrej@thebehaviouralist.com">ondrej@thebehaviouralist.com</a> <a href="mailto:www.thebehaviouralist.com">www.thebehaviouralist.com</a>



bitoolkit.userstcp.org